TALKING



Wednesdays 8pm to 9.30pm Online Course: ID 653 12th June - 17th July 2024

DATES

6, weekly sessions for parents and carers of children aged 0-12 sharing tips on how to:

- **Manage challenging behaviour** with consistency
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and** difficult feelings in children
- **Develop a strong parent/child** relationship now and for the future

Our online support sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Every parent should do this course! It has taught me so much about how to deal with family life.'

Booking essential Please quote the course ID

To check eligibility and book a place. contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



These courses are provided free to participants by Hertfordshire County Hertfordshire Council's Targeted Parenting Fund

